

## PAKISTAN

**“The Muslim-majority state of Pakistan occupies an area which was home to some of the earliest human settlements and where two of the world's major religions, Hinduism and Buddhism, were practised.**

**The modern state was born out of the partition of the Indian sub-continent in 1947 and has faced both domestic political upheavals and regional confrontations.” BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

[Embassy of Pakistan](#), 2315 Massachusetts Avenue, N.W., Washington, DC, 20008, telephone (202)939-6295 or 6261, Internet home page: <http://www.pakistan-embassy.com>. Travelers may also contact one of the Consulates General of Pakistan located at 12 East 65th St., New York, NY 10021, telephone (212)879-5800, fax (212)517-6987, or 10850 Wilshire Blvd., Suite 1100, Los Angeles, CA 90024, telephone (310)441-5114, fax (310)441-9256.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country

<http://travel.state.gov/pakistan.html>

### **Consulates in Country - U.S. Department of State**

Consular Section of the U.S. Embassy or Consulate in Pakistan and obtain updated information on travel and security within Pakistan. They are located at the following addresses:

-- [The U.S. Embassy in Islamabad](#) is located at Diplomatic Enclave, Ramna 5, telephone (92-51) 2080-0000; consular section telephone (92-51) 2080-2700, fax (92-51) 282-2632, website <http://www.islamabad.usembassy.state.gov>.

-- [The U.S. Consulate General in Karachi](#), located at 8 Abdullah Haroon Road, closed its public operations indefinitely due to security concerns. U.S. citizens requiring emergency assistance should call the consular section in Karachi. The telephone is (92-21) 568-5170 (after hours: 92-21-568-1606), fax (92-21) 568-0496, website <http://www.usembassy.state.gov/karachi>.

-- [The U.S. Consulate in Lahore](#) is located on 50-Empress Road Sharah-E-Abdul Hamid Bin Badees, (Old Empress Road) near Shimla Road, telephone (92-42) 636-5530, fax

(92-42) 636-5177, website <http://usembassy.state.gov/lahore>. Email address: [amconsul@brain.net.pk](mailto:amconsul@brain.net.pk)

-- [The U.S. Consulate in Peshawar](#) is located at 11 Hospital Road, Cantonment, Peshawar, telephone (92-91) 279-801 through 803, fax (92-91) 276-712, web site <http://www.Peshawar.usconsulate.gov>.

**Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/south\\_asia/country\\_profiles/1157960.stm](http://news.bbc.co.uk/1/hi/world/south_asia/country_profiles/1157960.stm)

**Post Report - U.S. Department of State**

Covers a wide variety of information provided to foreign service officers and their families prior to embarking to a new country. Includes living conditions, employment issues for spouses, availability of products, and much more.

[http://foia.state.gov/MMS/posrpt/pr\\_view\\_all.asp?CntryID=114](http://foia.state.gov/MMS/posrpt/pr_view_all.asp?CntryID=114)

**The World Factbook: (August 2003)**

CIA overview of Geography, People, Government, Economy, Communications, Transportation, Military and Transnational Issues.

<http://www.cia.gov/cia/publications/factbook/geos/pk.html>

**Workweek**

The normal workweek in Pakistan is Monday through Saturday, with a half-day worked on Friday.

## **PALAU**

**“More than 200 volcanic and coral islands, many of them surrounded by a single barrier reef, make up the northern Pacific nation of Palau.**

**The country's tropical waters are home to a great and diverse abundance of marine life, making Palau a paradise for divers.**

**Palau also possesses scenery of great natural beauty, ranging from white sandy beaches to dense jungle. The authorities take steps to protect the islands' wildlife from hunters and poachers and to encourage sustainable forms of tourism. “ BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

Representative Office, 1150 18th St., N.W., Suite 750, Washington, D.C. 20036, tel. (202) 452-6814.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country

<http://travel.state.gov/palau.html>

### **Consulates in Palau – U.S.**

Americans living in, or visiting, Palau are encouraged to register at the Consular Section of the U.S. Embassy and obtain updated information on travel and security within Palau. The U.S. Embassy is located in Koror, the capital city, in an area known as Ngermid Hamlet. There is no street address. The mailing address is: P.O. Box 6028, Koror, Palau 96940. The telephone number is (680) 488-2920. The fax number is (680) 488-2911. The Embassy does not issue passports; that function is performed by the Honolulu Passport Agency.

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/asia-pacific/country\\_profiles/2693697.stm](http://news.bbc.co.uk/1/hi/world/asia-pacific/country_profiles/2693697.stm)

## **PANAMA**

**“Located between North and South America, and between the Atlantic and Pacific oceans, Panama is of immense strategic importance.**

**This has made it a target for intervention by the US, which in 1989 invaded Panama to depose a former ally, Manuel Noriega, and until 1999 controlled the Panama Canal.**

**Panama has the largest rainforest in the Western Hemisphere outside the Amazon Basin and its jungle is home to numerous species of tropical plants, animals and birds.” BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

Embassy of Panama, 2862 McGill Terrace, N.W., Washington, D.C. 20009, tel. (202) 483-1407, or the Panamanian consulates in Atlanta, Chicago, Houston, Los Angeles, Miami, New Orleans, New York, Philadelphia or Tampa.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country

<http://travel.state.gov/panama.html>

### **Consulate in Country - U.S. Department of State**

The Consular Section of the U.S. Embassy is located on Panama Bay, Panama City, at Balboa Avenue and 39th Street. The international mailing address is Apartado 6959, Panama 5, Republic of Panama. The U.S. mailing address is U.S. Embassy Panama, Department of State, Washington, D.C. 20521-9100. The telephone number of the embassy (consular Section) is 011-507-207-7000/7030 (after hours, 011-507-207-7000); fax 011-507-207-7278; web site <http://usembassy.state.gov/panama/>. E-mail inquiries may be addressed to [Panama-ACS@state.gov](mailto:Panama-ACS@state.gov).

The Consular Section of the U.S. Embassy is located on Panama Bay, Panama City, at Balboa Avenue and 39th Street. The international mailing address is Apartado 6959, Panama 5, Republic of Panama. The U.S. mailing address is U.S. Embassy Panama, Department of State, Washington, D.C. 20521-9100. The telephone number of the embassy (consular Section) is 011-507-207-7000/7030 (after hours, 011-507-207-7000); fax 011-507-207-7278; web site <http://usembassy.state.gov/panama/>. E-mail inquiries may be addressed to [Panama-ACS@state.gov](mailto:Panama-ACS@state.gov).

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/americas/country\\_profiles/1229332.stm](http://news.bbc.co.uk/1/hi/world/americas/country_profiles/1229332.stm)

**Post Report - U.S. Department of State**

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[http://foia.state.gov/MMS/postrpt/pr\\_view\\_all.asp?CntryID=116](http://foia.state.gov/MMS/postrpt/pr_view_all.asp?CntryID=116)

**The World Factbook: (August 2003)**

CIA overview of Geography, People, Government, Economy, Communications, Transportation, Military and Transnational Issues.

<http://www.cia.gov/cia/publications/factbook/geos/pm.html>

## **PAPUA NEW GUINEA**

**“Papua New Guinea is situated on the world's second largest island, prey to volcanic activity, earthquakes and tidal waves. Linguistically, it is the world's most diverse country, with more than 700 native languages.**

**Some 80% of Papua New Guinea's people live in rural areas with few or no facilities.**

**Many tribes in the isolated mountainous interior have little contact with each other, let alone with the outside world, and live within a non-monetarised economy, dependent on subsistence agriculture.” BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

Embassy of Papua New Guinea, 1615 New Hampshire Ave., NW, Suite 300, Washington, DC 20009, tel. 202-745-3680, fax 202-745-3679, e-mail [kunduwash@aol.com](mailto:kunduwash@aol.com), or via the [Embassy's website](http://www.pngembassy.org) at <http://www.pngembassy.org>.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country  
[http://travel.state.gov/papua\\_newguinea.html](http://travel.state.gov/papua_newguinea.html)

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/asia-pacific/country\\_profiles/1246074.stm](http://news.bbc.co.uk/1/hi/world/asia-pacific/country_profiles/1246074.stm)

### **Embassies in Papua New Guinea – U.S.**

Americans living in or visiting Papua New Guinea are encouraged to register at the Consular Section of the U.S. Embassy in Port Moresby and obtain updated information on travel and security within Papua New Guinea. The U.S. Embassy is located on Douglas Street, adjacent to the Bank of Papua New Guinea, in Port Moresby, Papua New Guinea. This address should be used for courier deliveries. The mailing address is P.O. Box 1492, Port Moresby, NCD 121, Papua New Guinea. The Embassy's telephone number is (675) 321-1455; fax (675) 321-1593. Americans may submit consular inquiries via e-mail to: [ConsularPortMoresby@state.gov](mailto:ConsularPortMoresby@state.gov).

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[http://foia.state.gov/MMS/ustrpt/pr\\_view\\_all.asp?CntryID=117](http://foia.state.gov/MMS/ustrpt/pr_view_all.asp?CntryID=117)

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CIA overview of Geography, People, Government, Economy, Communications, Transportation, Military and Transnational Issues.

<http://www.cia.gov/cia/publications/factbook/geos/pp.html>

## **PARAGUAY**

**“Paraguay has one of South America's most racially homogeneous populations and is one of the continent's least densely populated countries. It also experienced the region's longest dictatorship, under Alfredo Stroessner, who ruled for 35 years until 1989.**

**The end of the Stroessner dictatorship did not bring political stability. Despite elections in 1993 and 1998, the army remains an influential force. Stroessner's party, the National Republican Association-Colorado Party, continues to rule, and factional splits have resulted in the assassination of a vice-president, the resignation of a president and an attempted coup.” BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

[The Paraguayan Embassy](http://www.embassy.org/embassies/py.html) at 2400 Massachusetts Avenue N.W., Washington, D.C. 20008, telephone (202) 483-6960, Internet: <http://www.embassy.org/embassies/py.html>; email: [embapar.usa@verizon.net](mailto:embapar.usa@verizon.net); or the Paraguayan consulate in Los Angeles, Miami, or New York.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country  
<http://travel.state.gov/paraguay.html>

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/americas/country\\_profiles/1222081.stm](http://news.bbc.co.uk/1/hi/world/americas/country_profiles/1222081.stm)

### **Embassies in Paraguay – U.S.**

Americans living in or visiting Paraguay are encouraged to register at the Consular Section of the U.S. Embassy in Asuncion and obtain updated information on travel and security in Paraguay. [The U.S. Embassy](http://www.usembparaguay.gov.py) is located at 1776 Mariscal Lopez Avenue; telephone (011-595-21) 213-715, fax (011-595-21) 213-728; Internet: <http://www.usembparaguay.gov.py>. The Consular Section is open for U.S. citizen services, including registration, Monday through Thursday from 1:00 p.m. to 5:00 p.m. and Friday from 7:30 a.m. to 11:30 a.m., except for U.S. and Paraguayan holidays. Americans living in or visiting Paraguay are encouraged to register at the Consular Section of the U.S. Embassy in Asuncion and obtain updated information on travel and security in Paraguay. [The U.S. Embassy](http://www.usembparaguay.gov.py) is located at 1776 Mariscal Lopez Avenue; telephone (011-595-21) 213-715, fax (011-595-21) 213-728; Internet: <http://www.usembparaguay.gov.py>. The Consular Section is open for U.S. citizen services, including registration, Monday through Thursday from 1:00 p.m. to 5:00 p.m. and Friday from 7:30 a.m. to 11:30 a.m., except for U.S. and Paraguayan holidays.

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[http://foia.state.gov/MMS/postrpt/pr\\_view\\_all.asp?CntryID=118](http://foia.state.gov/MMS/postrpt/pr_view_all.asp?CntryID=118)

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<http://www.cia.gov/cia/publications/factbook/geos/pa.html>

## **PERU**

**“Peru is a potentially wealthy country with a rich and varied cultural and architectural heritage. Facing the Pacific, it is an important link between southeast Asia and Brazil.**

**But Peru's development has been held back by endemic corruption and the failure of successive governments to address the problems of social and economic inequality.**

**Peru is rich in deposits of copper, silver, lead, zinc, oil and gold. It also enjoys spectacular and varied scenery, including Lake Titicaca, the world's highest navigable lake, and has a strong Inca and pre-Inca heritage, which includes the ancient Incan capital of Cuzco and the lost city of Machu Picchu.” BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

[The Peruvian Embassy](#), 1625 Massachusetts Avenue, N.W., 6th Floor, Washington, D.C. 20036; telephone (202) 833-9868; Internet <http://www.peruemb.org>; or the Peruvian Consulate in Boston, Chicago, Denver, Hartford, Houston, Miami, New York, Paterson (NJ), or San Francisco.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country

<http://travel.state.gov/peru.html>

### **Consulates in Peru – U.S.**

U.S. citizens living in or visiting Peru are encouraged to register at the Consular Section of the U.S. Embassy in Lima and obtain updated information on travel and security in Peru. The Consular Section is open for American Citizen Services, including registration, from 8:00 a.m. to 12:00 noon weekdays, excluding U.S. and Peruvian holidays. The U.S. Embassy is located in Monterrico, a suburb of Lima, at Avenida Encalada, Block Seventeen; telephone 51-1-434-3000 during business hours (8:00 a.m. to 5:00 p.m.), or 51-1-618-2436 for after-hours emergencies; fax 51-1-434-3065, or 434-3037, or 434-4182 (American Citizen Services Unit); Internet web site - <http://peru.usembassy.gov>. This website provides information, but it does not yet have interactive capability to respond to specific inquiries. The U.S. Consular Agency in Cusco is located in the Binational Center (Instituto Cultural Peruana Norte Americano, ICPNA) at Avenida Tullumayo 125; telephone 51-84-24-5102; fax 51-84-23-35-41; cellular phone 51-84-9-62-1369; Internet address [consagentcuzco@terra.com.pe](mailto:consagentcuzco@terra.com.pe). The Consular Agency can provide information and assistance to U.S. citizen travelers who are victims of crime or

need other assistance, but it cannot replace lost or stolen U.S. passports, which are processed at the U.S. Embassy in Lima.

**Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/americas/country\\_profiles/1224656.stm](http://news.bbc.co.uk/1/hi/world/americas/country_profiles/1224656.stm)

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[http://foia.state.gov/MMS/postrpt/pr\\_view\\_all.asp?CntryID=119](http://foia.state.gov/MMS/postrpt/pr_view_all.asp?CntryID=119)

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<http://www.cia.gov/cia/publications/factbook/geos/pe.html>

## **PHILIPPINES**

**“The Philippines consist of more than 7,000 islands, but the bulk of the population lives on just 11 of them.**

**The terrain is mostly mountainous and subject to earthquakes and eruptions from around 20 active volcanoes.**

**Two presidents of the Philippines have been forced from office by "people power" in the space of 15 years.” BBC News**

### **Consulate in the U.S.**

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[Embassy of the Philippines at: 1600 Massachusetts Avenue, N.W.; Washington, D.C. 20036, tel. \(202\) 467-9300 or via the Internet at http://www.philippineembassy.usa.org.](http://www.philippineembassy.usa.org)

### **Consular Information Sheet - US Department of State**

Health, safety and other up-to-date advisories about the country

<http://travel.state.gov/philippines.html>

### **Consulates in the Philippines – U.S.**

Americans living in or visiting the Philippines are encouraged to register with the Consular Section of the U.S. Embassy in the Philippines and obtain updated information on travel and security within the Philippines. The U.S. Embassy is located at: 1201 Roxas Boulevard; Manila, Philippines tel. (63)(2) 523-1001. [The Consular American Citizen Services \(ACS\) section's fax number is \(63\)\(2\) 522-3242 and the ACS web page is at http://www.usembassy.state.gov/manila/www3004.html.](http://www.usembassy.state.gov/manila/www3004.html)

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/asia-pacific/country\\_profiles/1262783.stm](http://news.bbc.co.uk/1/hi/world/asia-pacific/country_profiles/1262783.stm)

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[http://foia.state.gov/MMS/postrpt/pr\\_view\\_all.asp?CntryID=120](http://foia.state.gov/MMS/postrpt/pr_view_all.asp?CntryID=120)

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<http://www.cia.gov/cia/publications/factbook/geos/rp.html>

## **POLAND**

**“A nation with a proud cultural heritage, Poland can trace its roots back over 1,000 years. Positioned at the centre of Europe, it has known turbulent and violent times.**

**There have been periods of independence as well as periods of domination by other countries. Several million people, half of them Jews, died in World War II**

**In 1989 Poland became the first of the eastern European countries to overthrow Communist rule. It joined Nato in 1999 and has been formally invited to join the EU in 2004.” BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

Embassy of the Republic of Poland at 2224 Wyoming Ave. N.W., Washington, D.C. 20008, tel. (202) 232-4517 or (202) 232-4528, or the Polish consulates in Chicago, Los Angeles or New York. The [Polish Embassy](http://www.polandembassy.org) can also be contacted via its web site at <http://www.polandembassy.org>.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country  
<http://travel.state.gov/poland.html>

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/europe/country\\_profiles/1054681.stm](http://news.bbc.co.uk/1/hi/world/europe/country_profiles/1054681.stm)

### **Embassies in Poland – U.S.**

Americans living in or visiting Poland are encouraged to register at the Consular Section of the U.S. Embassy in Warsaw or U.S. Consulate General in Krakow and obtain updated information on travel and security within Poland. The U.S. Embassy in Warsaw is located at Aleje Ujazdowskie 29/31. The Consular Section entrance is located around the corner at Ulica Piekna 12. The Embassy’s telephone number is (48)(22) 504-2000; fax (48)(22) 504-2688; consular fax (48)(22) 627-4734 (consular fax only checked during normal business hours). The U.S. Consulate General in Krakow is located at Ulica Stolarska 9. The Consulate General’s telephone number is (48)(12) 424-5100; fax (48)(12) 424-5103; after-hours cellular phone (for emergencies only) 601-483-348. A Consular Agency providing limited consular services in Poznan is located at Ulica Paderewskiego 7. The Consular Agency’s telephone number is (48)(61) 851-8516; fax (48)(61) 851-8966.

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[http://foia.state.gov/MMS/postrpt/pr\\_view\\_all.asp?CntryID=121](http://foia.state.gov/MMS/postrpt/pr_view_all.asp?CntryID=121)

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<http://www.cia.gov/cia/publications/factbook/geos/pl.html>

## **PORTUGAL**

**“Portugal, a country with a rich history of seafaring and discovery, looks out from the Iberian peninsula into the Atlantic Ocean.**

**When it handed over its last overseas territory, Macau, to Chinese administration in 1999, it brought to an end a long and sometimes turbulent era as a colonial power.”**  
**BBC News**

### **Consulate in the U.S.**

Currency, Exchange Control, Credit Cards, Telephone, Time Zone, Business Hours, Electricity, Official Languages, On-Line and Paper Maps, Foreign Organizations, (Embassies, NGOs, Clubs), Arts and Crafts, Photography, Weather, Points of Interest, and More.

Embassy of Portugal at 2125 Kalorama Road N.W., Washington, D.C. 20008, tel. (202) 328-8610, or the Portuguese consulates in Boston, MA; New Bedford, MA; Providence, RI; New York, NY; Newark, NJ; San Francisco, CA; or Los Angeles, CA.

### **Consular Information Sheet - U.S. Department of State**

Health, safety and other up-to-date advisories about the country

<http://travel.state.gov/portugal.html>

### **Country Profile – BBC News**

[http://news.bbc.co.uk/1/hi/world/europe/country\\_profiles/994099.stm](http://news.bbc.co.uk/1/hi/world/europe/country_profiles/994099.stm)

### **Embassies in Portugal – U.S.**

Americans living in or visiting Portugal may register at the Consular Section of [the U.S Embassy in Lisbon](#) and obtain updated information on travel and security within Portugal. Embassy is located on Avenida das Forças Armadas, Sete Rios, telephone (351)(21) 727-3300, fax (351)(21) 726-9109, Internet home page: <http://www.american-embassy.pt>. The U.S. Consulate is located in Ponta Delgada on the Island of San Miguel in the Azores. The address is Avenida D. Henrique, telephone (351)(96) 282216/ 7/ 8/ 9. There is also a Consular Agency located in Funchal, Madeira, on Rua Tentente Coronel Sarmiento, Ed. Infante, Bloco B-4 Andar, Apt. B, 9000 Funchal, telephone (351)(29) 174-3429 or fax (351)(29) 174-3808, open Monday through Friday from 10:00 a.m. to 12:00 noon.

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[http://foia.state.gov/MMS/posrpt/pr\\_view\\_all.asp?CntryID=170](http://foia.state.gov/MMS/posrpt/pr_view_all.asp?CntryID=170)

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Transportation, Military and Transnational Issues.

<http://www.cia.gov/cia/publications/factbook/geos/po.html>